

# Per the Executive Office Of Elder Affairs

Landmark Senior Living is permitting group dining with the following guidelines:

- Communal dining is to be staggered to allow social distancing of the residents
- Residents will remain six feet apart
- All will follow surface and hand hygiene protocols

# Landmark At Ocean View

♥ = HEART HEALTHY ★ = SUGAR RESTRICTED  
 LOW SODIUM/LOW FAT = HEART HEALTHY LOW/NO SUGAR = SUGAR RESTRICTED

Sunday 3/1

Monday 3/2

Tuesday 3/3

Wednesday 3/4

Thursday 3/5

Friday 3/6

Saturday 3/7

<p><i>Breakfast</i>            BLUEBERRY PANCAKES            HOME FRIED POTATOES            A LA CARTE BREAKFAST MENU</p>	<p><i>Breakfast</i>            FRENCH TOAST            SAUSAGE LINK            A LA CARTE BREAKFAST MENU</p>	<p><i>Breakfast</i>            POACHED (DROPPED) EGGS            CORNED BEEF HASH            A LA CARTE BREAKFAST MENU</p>	<p><i>Breakfast</i>            PANCAKES            BACON            A LA CARTE BREAKFAST MENU</p>	<p><i>Breakfast</i>            BREAKFAST SANDWICH            HAM            A LA CARTE BREAKFAST MENU</p>	<p><i>Breakfast</i>            BELGIAN WAFFLE            SAUSAGE            A LA CARTE BREAKFAST MENU</p>	<p><i>Breakfast</i>            EGGS BENEDICT            HAM            A LA CARTE BREAKFAST MENU</p>
<p><i>Lunch</i>            BROCCOLI &amp; CHEESE SOUP            ROAST BEEF            BAKED POTATO            BROCCOLI            TILAPIA BROILED WITH TOMATO ♥            CAPER SALSA            BAKED POTATO            ASSORTED ROLLS            ALWAYS AVAILABLE MENU            PUMPKIN PIE</p>	<p><i>Lunch</i>            ROOT VEGETABLE SOUP            FISH &amp; CHIPS            COLE SLAW            SHORT RIBS ♥            BUTTERED ORZO            CAULIFLOWER &amp; RED PEPPERS            ASSORTED ROLLS            ALWAYS AVAILABLE MENU            FRESH BAKED COOKIES</p>	<p><i>Lunch</i>            CHICKEN NOODLE SOUP            BAKED SHRIMP            MASHED SWEET POTATOES            GREEN &amp; WAX BEANS            BEEF FLANK W/ WHISKEY &amp; ♥            MUSHROOM SAUCE            MASHED SWEET POTATOES            GREEN &amp; WAX BEANS            ASSORTED ROLLS            ALWAYS AVAILABLE MENU            BROWNIE</p>	<p><i>Lunch</i>            BEEF BARLEY SOUP            STIR FRY BEEF            WHITE RICE            ORIENTAL VEGETABLES            CHICKEN SAUTA ♥            GLAZE            WHITE RICE            ORIENTAL VEGETABLES            ASSORTED ROLLS            ALWAYS AVAILABLE MENU            MANDARIN ORANGE AMBROSIA</p>	<p><i>Lunch</i>            TUSCAN TOMATO SOUP            CHICKEN CACCITORE            BUTTERED NOODLES            ZUCCHINI &amp; YELLOW SQUASH            MEATLOAF ♥            MASHED POTATOES W/ GRAVY            ZUCCHINI &amp; YELLOW SQUASH            ASSORTED ROLLS            ALWAYS AVAILABLE MENU            SUGAR FREE CHOC. PUDDING ★</p>	<p><i>Lunch</i>            TURKEY AND RICE SOUP            POACHED SALMON            PARMESAN RISOTTO            CARROTS            BRISKET ♥            CARROTS            ROASTED POTATOES            ALWAYS AVAILABLE MENU            BANANA CREAM PIE</p>	<p><i>Lunch</i>            SEAFOOD CHOWDER            VEAL PARMESAN            ANGEL HAIR PASTA            ITALIAN GREEN BEANS            CHICKEN MARSALA ♥            ANGEL HAIR PASTA            ITALIAN GREEN BEANS            ASSORTED ROLLS            ALWAYS AVAILABLE MENU            BLUEBERRY PIE</p>
<p><i>Dinner</i>            ROOT VEGETABLE SOUP            KIELBASA WITH APPLES &amp; ONIONS            O'BRIEN POTATOES            PATTY MELT            O'BREIN POTATOES            BAKED CHICKEN OR FISH ♥            ALWAYS AVAILABLE MENU            BREAD PUDDING            ASSORTED ICE CREAM</p>	<p><i>Dinner</i>            CHICKEN NOODLE SOUP            PIZZA            CAESAR SALAD            SOUTHWEST BEEF WRAP            POTATO CHIPS            BAKED CHICKEN OR FISH ♥            ALWAYS AVAILABLE MENU            SPECIAL ICE CREAM            ASSORTED ICE CREAM</p>	<p><i>Dinner</i>            BEEF BARLEY SOUP            PANCAKES WITH FRUIT TOPPING            HAM OR SAUSAGE            SPINACH PIE            GARDEN SALAD            BAKED CHICKEN OR FISH ♥            ALWAYS AVAILABLE MENU            FRUITED JELL-O            ASSORTED ICE CREAM</p>	<p><i>Dinner</i>            TUSCAN TOMATO SOUP            MARINATED TURKEY TIPS            MASHED POTATOES            BABY SPINACH            CHEESE RAVIOLI            GARLIC BREAD            BABY SPINACH            BAKED CHICKEN OR FISH ♥            ALWAYS AVAILABLE MENU            CHOCOLATE CAKE            ASSORTED ICE CREAM</p>	<p><i>Dinner</i>            TURKEY AND RICE SOUP            BROCCOLI &amp; CHEESE QUICHE            SCALLOPED POTATOES            SEAFOOD SALAD PLATE            POTATO CHIPS            BAKED CHICKEN OR FISH ♥            ALWAYS AVAILABLE MENU            BERRY COBBLER            ASSORTED ICE CREAM</p>	<p><i>Dinner</i>            SEAFOOD CHOWDER            OPEN FACED SLOPPY JOE            FRENCH FRIED POTATOES            COLE SLAW            STUFFED SHELLS            GARLIC BREAD            GREEN BEANS            BAKED CHICKEN OR FISH ♥            ALWAYS AVAILABLE MENU            OATMEAL RAISIN COOKIES            ASSORTED ICE CREAM</p>	<p><i>Dinner</i>            MINISTRONE SOUP            HOT DOG            BROWN BREAD            BAKED BEANS            TURKEY STEW WITH BISCUIT            DINNER ROLL            BAKED CHICKEN OR FISH ♥            ALWAYS AVAILABLE MENU            ASSORTED DESSERTS            ASSORTED ICE CREAM</p>

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Sunday 3/8

Monday 3/9

Tuesday 3/10

Wednesday 3/11

Thursday 3/12

Friday 3/13

Saturday 3/14

<p><i>Breakfast</i>                      BLUEBERRY PANCAKES                      HOME FRIED POTATOES                      A LA CARTE BREAKFAST MENU</p>	<p><i>Breakfast</i>                      FRENCH TOAST                      SAUSAGE LINK                      A LA CARTE BREAKFAST MENU</p>	<p><i>Breakfast</i>                      POACHED (DROPPED) EGGS                      CORNED BEEF HASH                      A LA CARTE BREAKFAST MENU</p>	<p><i>Breakfast</i>                      PANCAKES                      BACON                      A LA CARTE BREAKFAST MENU</p>	<p><i>Breakfast</i>                      BREAKFAST SANDWICH                      HAM                      A LA CARTE BREAKFAST MENU</p>	<p><i>Breakfast</i>                      BELGIAN WAFFLE                      SAUSAGE                      A LA CARTE BREAKFAST MENU</p>	<p><i>Breakfast</i>                      EGGS BENEDICT                      HAM                      A LA CARTE BREAKFAST MENU</p>
<p><i>Lunch</i>                      HEARTY VEGETABLE SOUP                      TURKEY DINNER                      MASHED POTATOES W/GRAVY                      BUTTERNUT SQUASH</p> <p>BEEF FLANK WITH MAPLE ♥                      AND SOY GLAZE                      MASHED POTATOES W/GRAVY                      BUTTERNUT SQUASH                      ASSORTED ROLLS</p> <p>ALWAYS AVAILABLE MENU</p> <p>DUTCH APPLE PIE</p>	<p><i>Lunch</i>                      TOMATO BARLEY SOUP                      BEEF STROGANOFF                      EGG NOODLES                      GARLIC &amp; TOMATO KALE</p> <p>CRUNCHY BAKED                      CORNFLAKE FISH ♥                      EGG NOODLES                      GARLIC &amp; TOMATO KALE                      ASSORTED ROLLS</p> <p>BOSTON CREME PIE</p>	<p><i>Lunch</i>                      ITALIAN WEDDING SOUP                      SHRIMP SCAMPI                      ANGEL HAIR PASTA                      ASPARAGUS</p> <p>CHICKEN MARSALA ♥                      ANGEL HAIR PASTA                      ASPARAGUS                      ASSORTED ROLLS</p> <p>ALWAYS AVAILABLE MENU</p> <p>COCONUT CREME PIE</p>	<p><i>Lunch</i>                      BEEF NOODLE SOUP                      GRILLED PORK CHOP WITH                      THYME GRAVY                      SWEET POTATOES                      ROASTED BRUSSEL SPROUTS</p> <p>TURKEY BREAST WITH ♥                      BOURBON SAUCE                      SWEET POTATOES                      ROASTED BRUSSELS SPROUTS                      ASSORTED ROLLS</p> <p>ALWAYS AVAILABLE MENU</p> <p>BROWNIE A LA MODE</p>	<p><i>Lunch</i>                      TURKEY BEAN SOUP                      FRIED CHICKEN                      YUKON GOLD POTATOES                      GREEN BEANS</p> <p>CORNED BEEF DINNER ♥                      YUKON GOLD POTATOES                      GREEN BEANS                      ASSORTED ROLLS</p> <p>ALWAYS AVAILABLE MENU</p> <p>FRUIT OF THE FORREST PIE</p>	<p><i>Lunch</i>                      LENTIL SOUP                      MAPLE BBQ PORK                      SAUTEED SPINACH                      AND RED ONIONS</p> <p>SALMON WITH MAPLE GLAZE ♥                      CONFETTI RICE                      SAUTEED SPINACH AND                      RED ONIONS                      ASSORTED ROLLS</p> <p>ALWAYS AVAILABLE MENU</p> <p>OATMEAL COOKIES</p>	<p><i>Lunch</i>                      CLAM CHOWDER                      AMERICAN CHOP SUEY                      GARLIC BREAD                      GARDEN SALAD</p> <p>CHICKEN CORDON BLEU ♥                      MASHED POTATOES W/GRAVY                      VEGETABLE BLEND</p> <p>ALWAYS AVAILABLE MENU</p> <p>PECAN PIE</p>
<p><i>Dinner</i>                      TOMATO BARLEY SOUP                      MEAT &amp; CHEESE LASAGNA                      GARLIC BREAD                      ROASTED CAULIFLOWER</p> <p>AMERICAN JERK BURGER                      FRIES                      LETTUCE AND TOMATO</p> <p>BAKED CHICKEN OR FISH ♥                      ALWAYS AVAILABLE MENU</p> <p>SPICED PEACHES                      ASSORTED ICE CREAM</p>	<p><i>Dinner</i>                      ITALIAN WEDDING SOUP                      CHICKEN SALAD SANDWICH                      TATER TOTS                      CARROT &amp; RAISIN SALAD</p> <p>MANICOTTI                      GARLIC BREAD                      SPRING VEGETABLE MEDLEY</p> <p>BAKED CHICKEN OR FISH ♥                      ALWAYS AVAILABLE MENU</p> <p>GELATIN W/WHIPPED TOPPING                      ASSORTED ICE CREAM</p>	<p><i>Dinner</i>                      BEEF NOODLE SOUP                      PANCAKES W/FRUIT TOPPING                      HAM OR SAUSAGE</p> <p>PASTA PRIMAVERA                      RICE &amp; BEANS</p> <p>BAKED CHICKEN OR FISH ♥                      ALWAYS AVAILABLE MENU</p> <p>FRESH PINEAPPLE                      ASSORTED ICE CREAM</p>	<p><i>Dinner</i>                      TURKEY BEAN SOUP                      PHILADELPHIA STEAK &amp; CHEESE                      GERMAN POTATO SALAD                      CAESAR SALAD</p> <p>CHICKEN CUTLET                      GERMAN POTATO SALAD                      CAESAR SALAD</p> <p>BAKED CHICKEN OR FISH ♥                      ALWAYS AVAILABLE MENU</p> <p>CHOCOLATE CAKE                      ASSORTED ICE CREAM</p>	<p><i>Dinner</i>                      LENTIL SOUP                      SPAGHETTI W/MEATBALLS                      GARLIC BREAD                      BROCCOLI</p> <p>FISH FILLET SANDWICH                      FRENCH FRIED POTATOES                      BROCCOLI</p> <p>BAKED CHICKEN OR FISH ♥                      ALWAYS AVAILABLE MENU</p> <p>SUGAR FREE VAN. PUDDING★                      ASSORTED ICE CREAM</p>	<p><i>Dinner</i>                      CLAM CHOWDER                      BEEF TIPS DIJONNAISE                      MASHED POTATOES                      ROASTED ASPARAGUS</p> <p>BAKED COD                      MASHED POTATOES                      ROASTED ASPARAGUS</p> <p>BAKED CHICKEN OR FISH ♥                      ALWAYS AVAILABLE MENU</p> <p>LEMON COOKIES                      ASSORTED ICE CREAM</p>	<p><i>Dinner</i>                      MINISTRONE SOUP                      HOT DOG                      BROWN BREAD                      BAKED BEANS</p> <p>TUNA MELT                      FRENCH FRIED POTATOES</p> <p>BAKED CHICKEN OR FISH ♥                      ALWAYS AVAILABLE MENU</p> <p>ASSORTED DESSERTS                      ASSORTED ICE CREAM</p>

# Landmark At Ocean View

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 LOW SODIUM/LOW FAT = HEART HEALTHY LOW/NO SUGAR = SUGAR RESTRICTED

Sunday 3/15

Monday 3/16

Tuesday 3/17

Wednesday 3/18

Thursday 3/19

Friday 3/20

Saturday 3/21

Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
BLUEBERRY PANCAKES HOME FRIED POTATOES A LA CARTE BREAKFAST MENU	FRENCH TOAST SAUSAGE LINK A LA CARTE BREAKFAST MENU	POACHED (DROPPED) EGGS CORNED BEEF HASH A LA CARTE BREAKFAST MENU	PANCAKES BACON A LA CARTE BREAKFAST MENU	BREAKFAST SANDWICH HAM A LA CARTE BREAKFAST MENU	BELGIAN WAFFLE SAUSAGE A LA CARTE BREAKFAST MENU	EGGS BENEDICT HAM A LA CARTE BREAKFAST MENU
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
MINESTRONE SOUP MEATBALL SUB FRENCH FRIES  BEEF STROGONOFF ♥ EGG NOODLES FRESH CARROTS  ALWAYS AVAILABLE MENU  LEMON CAKE	SOUP OF THE DAY HAM STEAK W/RAISIN SAUCE CREAMY MASHED POTATOES BRUSSELS SPROUTS  BAKED FISH FILLET ♥ CREAMY MASHED POTATOES GREEN BEANS ASSORTED ROLLS  ALWAYS AVAILABLE MENU  SPECIAL ICE CREAM	FRENCH ONION SOUP TURKEY POT PIE SAUTEED SPINACH  MEATLOAF ♥ OVEN ROASTED POTATOES SAUTEED SPINACH ASSORTED ROLLS  ALWAYS AVAILABLE MENU  APPLE CAKE	CHICKEN NOODLE SOUP PORK LOIN W/APPLE STUFFING AU GRATIN POTATOES MIXED VEGETABLES  TURKEY BREAST WITH ♥ BOURBON SAUCE AU GRATIN POTATOES SPRING VEGETABLE MEDLEY  ALWAYS AVAILABLE MENU  WARM BREAD PUDDING	SOUP OF THE DAY GRILLED GINGER SOY BEEF TIPS SEASONED WHITE RICE ORIENTAL VEGETABLES  LEMON BBQ CHICKEN ♥ SEASONED WHITE RICE ORIENTAL VEGETABLES ASSORTED ROLLS  ALWAYS AVAILABLE MENU  CINNAMON APPLE CAKE	SAUSAGE PEPPER & POTATO SOUP DILL SALMON W/CHIVE CREAM MASHED POTATOES GREEN & WAX BEANS  TURKEY STEW ♥ BISCUIT  ALWAYS AVAILABLE MENU  PEACHES AND CREAM	CORN CHOWDER LAMB SHANK ROASTED RED POTATOES BUTTERNUT SQUASH  PAN SEARED COD WITH ♥ WHITE WINE TOMATO BASIL SAUCE ROASTED RED POTATOES BUTTERNUT SQUASH  ALWAYS AVAILABLE MENU  SUGAR FREE BROWNIES ★
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
SPLIT PEA SOUP PHILADELPHIA STEAK AND CHEESE FRENCH FRIED POTATOES SPRING VEGETABLE MEDLEY  HOMEMADE TURKEY POT PIE FRENCH FRIED POTATOES  BAKED CHICKEN OR FISH ♥ ALWAYS AVAILABLE MENU  FRESH FRUIT W/SHERBET ASSORTED ICE CREAM	CREAM OF MUSHROOM SOUP HOT PASTRAMI SANDWICH PASTA & VEGETABLE SALAD  GENERAL TSO'S CHICKEN STIR FRY RICE ROASTED VEGETABLES  BAKED CHICKEN OR FISH ♥ ALWAYS AVAILABLE MENU  SPECIAL ICE CREAM ASSORTED ICE CREAM	CHICKEN NOODLE SOUP PORK LOIN ROASTED POTATOES GARDEN BLEND  REUBEN SANDWICH POTATO SALAD GARDEN SALAD  BAKED CHICKEN OR FISH ♥ ALWAYS AVAILABLE MENU  FUDGE BROWNIE ASSORTED ICE CREAM	TOMATO SOUP MONTE CRISTO SANDWICH BROCCOLI  BAKED RANCH CHICKEN ROASTED FINGERLING POTATOES BROCCOLI  BAKED CHICKEN OR FISH ♥ ALWAYS AVAILABLE MENU  COCONUT CREME PIE ASSORTED ICE CREAM	SAUSAGE PEPPER & POTATO SOUP CHICKEN YAMBALAYA BREAD STICK  HOMEMADE PIZZA VEGETABLE MEDLEY  BAKED CHICKEN OR FISH ♥ ALWAYS AVAILABLE MENU  PUMPKIN PIE ASSORTED ICE CREAM	FISH CHOWDER CHEESE PIZZA GARDEN SALAD  CHICKEN SANDWICH SWEET POTATO FRIES BEET & ONION SALAD  BAKED CHICKEN OR FISH ♥ ALWAYS AVAILABLE MENU  FROSTED YELLOW CAKE ASSORTED ICE CREAM	HEARTY VEGETABLE SOUP ROAST PORK RIBS WITH BBQ SAUCE PARSLEY MASHED POTATOES BROCCOLI AU GRATIN  CHICKEN PARMESAN PARSLEY MASHED POTATOES BROCCOLI AU GRATIN  BAKED CHICKEN OR FISH ♥ ALWAYS AVAILABLE MENU  ASSORTED DESSERTS ASSORTED ICE CREAM

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Sunday 3/22

Monday 3/23

Tuesday 3/24

Wednesday 3/25

Thursday 3/26

Friday 3/27

Saturday 3/28

<p><i>Breakfast</i>                      BLUEBERRY PANCAKES                      HOME FRIED POTATOES                      A LA CARTE BREAKFAST MENU</p>	<p><i>Breakfast</i>                      FRENCH TOAST                      SAUSAGE LINK                      A LA CARTE BREAKFAST MENU</p>	<p><i>Breakfast</i>                      POACHED (DROPPED) EGGS                      CORNED BEEF HASH                      A LA CARTE BREAKFAST MENU</p>	<p><i>Breakfast</i>                      PANCAKES                      BACON                      A LA CARTE BREAKFAST MENU</p>	<p><i>Breakfast</i>                      BREAKFAST SANDWICH                      HAM                      A LA CARTE BREAKFAST MENU</p>	<p><i>Breakfast</i>                      BELGIAN WAFFLE                      SAUSAGE                      A LA CARTE BREAKFAST MENU</p>	<p><i>Breakfast</i>                      EGGS BENEDICT                      HAM                      A LA CARTE BREAKFAST MENU</p>
<p><i>Lunch</i>                      FRENCH ONION SOUP                      PORK TENDERLOIN HERBS                      DE PROVENCE                      MASHED POTATOES W/GRAVY                      BUTTERNUT SQUASH                        TILAPIA-MUSTARD CREAM SAUCE♥                      MASHED POTATOES W/GRAVY                      BUTTERNUT SQUASH                      ASSORTED ROLLS                        ALWAYS AVAILABLE MENU                        CHOCOLATE CREME PIE</p>	<p><i>Lunch</i>                      SOUP OF THE DAY                      VEGETABLE LASAGNA                      GARLIC BREAD STICK                        SPINACH STUFFED FISH♥                      RICE PILAF                      SNAP PEAS &amp; MUSHROOMS                      ASSORTED ROLLS                        ALWAYS AVAILABLE MENU                        BERRY COBBLER</p>	<p><i>Lunch</i>                      CHICKEN NOODLE SOUP                      POT ROAST                      MASHED POTATOES                      GREEN BEANS                        CREOLE CHICKEN PASTA♥                      BREAD STICKS                      FRESH ASPARAGUS                      ASSORTED ROLLS                        ALWAYS AVAILABLE MENU                        MARBLE CAKE</p>	<p><i>Lunch</i>                      SOUP OF THE DAY                      MEXICAN CHILI                      RICE &amp; BEANS                      MEXICAN CORN                        MACARONI &amp; CHEESE♥                      CARROTS                      ASSORTED ROLLS                        ALWAYS AVAILABLE MENU                        PEACH SHORTCAKE</p>	<p><i>Lunch</i>                      MINISTRONE SOUP                      TURKEY BURGER                      TOMATO &amp; BASIL SALAD                        BRAISED LEMON CHICKEN♥                      HERBED RICE PILAF                      TOMATO &amp; BASIL SALAD                      ASSORTED ROLLS                        ALWAYS AVAILABLE MENU                        SPONGE CAKE WITH ORANGE                      SAUCE</p>	<p><i>Lunch</i>                      CLAM CHOWDER                      BEEF BURGUNDY                      VEGETABLE RICE                      BROCCOLI                        CRUNCHY BAKED FISH♥                      O'BRIEN POTATOES                      CAPRI MIXED VEGETABLES                      ASSORTED ROLLS                        ALWAYS AVAILABLE MENU                        FROSTED YELLOW CAKE</p>	<p><i>Lunch</i>                      SOUP OF THE DAY                      SHRIMP SCAMPI                      SPAGHETTI                      GARLIC BREAD STICK                        KUNG PAO CHICKEN♥                      LO MEIN NOODLES                      ORIENTAL VEGETABLES                      ASSORTED ROLLS                        ALWAYS AVAILABLE MENU                        CHOCOLATE CHOCOLATE CAKE</p>
<p><i>Dinner</i>                      TOMATO BASIL SOUP                      CHICKEN FLORENTINE                      BUTTERED NOODLES                      MARINATED ITALIAN VEGGIES                        ROAST BEEF                      MASHED POTATOES W/GRAVY                      MARINATED ITALIAN VEGGIES                        BAKED CHICKEN OR FISH♥                      ALWAYS AVAILABLE MENU                        SUGAR FREE CARROT CAKE★                      ASSORTED ICE CREAM</p>	<p><i>Dinner</i>                      CHICKEN &amp; CORN SOUP                      AMERICAN CHOP SUEY                      GREEN BEANS                        TURKEY &amp; SWISS MELT                      FRENCH FRIED POTATOES                        BAKED CHICKEN OR FISH♥                      ALWAYS AVAILABLE MENU                        SPECIAL ICE CREAM                      ASSORTED ICE CREAM</p>	<p><i>Dinner</i>                      SPLIT PEA &amp; HAM SOUP                      EGGPLANT PARMESAN                      GARLIC BREAD                      ZUCCHINI &amp; TOMATOES                        HAMBURGER OR CHEESEBURGER                      POTATO SALAD                      LETTUCE/TOMATO/ONION                        BAKED CHICKEN OR FISH♥                      ALWAYS AVAILABLE MENU                        FUDGE BROWNIE                      ASSORTED ICE CREAM</p>	<p><i>Dinner</i>                      MINISTRONE SOUP                      BBQ BRAISED BEEF TIPS                      RICE                      MIXED VEGETABLES                        CHICKEN POT PIE                      WHOLE WHEAT ROLL                        BAKED CHICKEN OR FISH♥                      ALWAYS AVAILABLE MENU                        CHOCOLATE CHIP COOKIE BAR                      ASSORTED ICE CREAM</p>	<p><i>Dinner</i>                      MUSHROOM BARLEY SOUP                      TUNA MELT                      FRIES                        SPAGHETTI &amp; MEATBALLS                      GARLIC BREAD                      TOSSED SALAD                        BAKED CHICKEN OR FISH♥                      ALWAYS AVAILABLE MENU                        CARROT CAKE W/CREAM                      CHEESE FROSTING                      ASSORTED ICE CREAM</p>	<p><i>Dinner</i>                      CLAM CHOWDER                      SEAFOOD SALAD SANDWICH                      POTATO CHIPS                      FOUR BEAN SALAD                        BEEF STEW                      BREAD STICK                        BAKED CHICKEN OR FISH♥                      ALWAYS AVAILABLE MENU                        PINEAPPLE UPSIDE DOWN CAKE                      ASSORTED ICE CREAM</p>	<p><i>Dinner</i>                      BROCCOLI &amp; CHEESE SOUP                      HOT DOGS                      BAKED BEANS                      COLE SLAW                        TURKEY RACHEL                      SWEET POTATO FRIES                        BAKED CHICKEN OR FISH♥                      ALWAYS AVAILABLE MENU                        ASSORTED ICE CREAM</p>

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Sunday 3/29

Monday 3/30

Tuesday 3/31

Wednesday

Thursday

Friday

Saturday

Sunday 3/29	Monday 3/30	Tuesday 3/31	Wednesday	Thursday	Friday	Saturday
<p><i>Breakfast</i></p> <p>BLUEBERRY PANCAKES            HOME FRIED POTATOES            A LA CARTE BREAKFAST MENU</p>	<p><i>Breakfast</i></p> <p>FRENCH TOAST            SAUSAGE LINK            A LA CARTE BREAKFAST MENU</p>	<p><i>Breakfast</i></p> <p>POACHED (DROPPED) EGGS            CORNED BEEF HASH            A LA CARTE BREAKFAST MENU</p>	<p><i>Breakfast</i></p>	<p><i>Breakfast</i></p>	<p><i>Breakfast</i></p>	<p><i>Breakfast</i></p>
<p><i>Lunch</i></p> <p>BROCCOLI &amp; CHEESE SOUP            ROAST BEEF            BAKED POTATO            BROCCOLI</p> <p>TILAPIA BROILED WITH TOMATO ♥            CAPER SALSA            BAKED POTATO            ASSORTED ROLLS</p> <p>ALWAYS AVAILABLE MENU</p> <p>PUMPKIN PIE</p>	<p><i>Lunch</i></p> <p>ROOT VEGETABLE SOUP            FISH &amp; CHIPS            COLE SLAW</p> <p>SHORT RIBS ♥            BUTTERED ORZO            CAULIFLOWER &amp; RED PEPPERS            ASSORTED ROLLS</p> <p>ALWAYS AVAILABLE MENU</p> <p>FRESH BAKED COOKIES</p>	<p><i>Lunch</i></p> <p>CHICKEN NOODLE SOUP            BAKED SHRIMP            MASHED SWEET POTATOES            GREEN &amp; WAX BEANS</p> <p>BEEF FLANK W/ WHISKEY &amp; ♥            MUSHROOM SAUCE            MASHED SWEET POTATOES            GREEN &amp; WAX BEANS            ASSORTED ROLLS</p> <p>ALWAYS AVAILABLE MENU</p> <p>BROWNIE</p>	<p><i>Lunch</i></p>	<p><i>Lunch</i></p>	<p><i>Lunch</i></p>	<p><i>Lunch</i></p>
<p><i>Dinner</i></p> <p>ROOT VEGETABLE SOUP            KIELBASA WITH APPLES &amp; ONIONS            O'BRIEN POTATOES</p> <p>PATTY MELT            O'BREIN POTATOES</p> <p>BAKED CHICKEN OR FISH ♥            ALWAYS AVAILABLE MENU</p> <p>BREAD PUDDING            ASSORTED ICE CREAM</p>	<p><i>Dinner</i></p> <p>CHICKEN NOODLE SOUP            PIZZA            CAESAR SALAD</p> <p>SOUTHWEST BEEF WRAP            POTATO CHIPS</p> <p>BAKED CHICKEN OR FISH ♥            ALWAYS AVAILABLE MENU</p> <p>SPECIAL ICE CREAM            ASSORTED ICE CREAM</p>	<p><i>Dinner</i></p> <p>BEEF BARLEY SOUP            PANCAKES WITH FRUIT TOPPING            HAM OR SAUSAGE</p> <p>SPINACH PIE            GARDEN SALAD</p> <p>BAKED CHICKEN OR FISH ♥            ALWAYS AVAILABLE MENU</p> <p>FRUITED JELL-O            ASSORTED ICE CREAM</p>	<p><i>Dinner</i></p>	<p><i>Dinner</i></p>	<p><i>Dinner</i></p>	<p><i>Dinner</i></p>