

# Landmark At Desert Gardens

♥ = HEART HEALTHY ★ = SUGAR RESTRICTED

LOW SODIUM/LOW FAT = HEART HEALTHY LOW/NO SUGAR = SUGAR RESTRICTED

Sunday 6/28

Monday 6/29

Tuesday 6/30

Wednesday 7/1

Thursday 7/2

Friday 7/3

Saturday 7/4

## Breakfast

EGGS ANY STYLE  
CINNAMON ROLLS  
SAUSAGE TOAST

## Breakfast

EGGS ANY STYLE  
CHOCOLATE PANCAKES

## Breakfast

EGGS ANY STYLE  
BELGIAN WAFFLES  
BACON  
TOAST

## Breakfast

EGGS ANY STYLE  
SAUSAGE SKILLET  
TOAST

## Breakfast

EGGS ANY STYLE  
BISCUITS AND GRAVY

## Breakfast

EGGS ANY STYLE  
BACON  
TOAST

## Breakfast

EGGS ANY STYLE  
BISCUITS AND GRAVY

## Lunch

BBQ PULLED PORK  
BAKED TILAPIA  
RICE  
BRUSSELS SPROUTS  
MIXED VEGGIES  
  
TAPIOCA PUDDING

## Lunch

CHICKEN TENDERS  
LASAGNA  
ZUCCHINI  
BABY BAKED POTATOES  
  
BROWNIES

## Lunch

SWEDISH MEATBALLS  
TURKEY BURGERS  
EGG NOODLES  
ROASTED PEPPERS  
STEAMED SPINACH  
  
FRESH FRUIT CUPS

## Lunch

OVEN FRIED CHICKEN  
BEEF FRITTERS  
MASHED POTATOES  
CORN  
GREEN BEANS W/BACON  
  
BAKED YAMS  
W/MARSHMALLOW

## Lunch

CHICKEN AND BROCCOLI  
PENNE  
HAMBURGER STEAKS  
BAKED POTATO  
VEGGIE BLEND  
BRUSSELS SPROUTS

## Lunch

POT ROAST W/ VEGGIES  
GLAZED HAM  
GREEN BEANS  
OKRA & TOMATOES  
BAKED POTATO  
  
STRAWBERRY COBBLER

## Lunch

MOCK FILLETS  
CHICKEN STRIPS WITH  
GRAVY  
MACARONI AND CHEESE  
BROCCOLI AND CORN  
  
APPLESAUCE CAKE

## Dinner

BEEF NACHOS  
LETTUCE AND TOMATOES  
  
FROSTED CAKE

## Dinner

GRILLED CHEESE  
SOUP  
  
CAKE

## Dinner

BEEF STEW  
CORNBREAD  
VANILLA PUDDING

## Dinner

RED BEEF ENCHILADAS  
RICE  
  
POUND CAKE

## Dinner

PIZZA  
BONELESS WINGS  
  
ICE CREAM

## Dinner

FRESH PINTO BEANS  
CORNBREAD  
FRIED POTATOES  
  
BANANA CREAM PIE

## Dinner

SLOPPY JOE  
FRENCH FRIES  
  
PEANUT BUTTER COOKIES

# Landmark At Desert Gardens

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Sunday 7/5

Monday 7/6

Tuesday 7/7

Wednesday 7/8

Thursday 7/9

Friday 7/10

Saturday 7/11

## Breakfast

EGGS ANY STYLE  
FRENCH TOAST  
SAUSAGE

## Breakfast

EGGS ANY STYLE  
BACON  
TOAST

## Breakfast

EGGS ANY STYLE  
CHORIZO AND EGG  
TOAST

## Breakfast

EGGS ANY STYLE  
ASSORTED DANISHES  
SAUSAGE  
POTATOES

## Breakfast

EGGS ANY STYLE  
DONUTS  
BACON  
TOAST

## Breakfast

EGGS ANY STYLE  
SAUSAGE  
TOAST

## Breakfast

EGGS ANY STYLE  
EGGS & SAUSAGE  
CASSEROLE

## Lunch

PAPRIKA CHICKEN  
BEEF KABOBS  
RICE PILAF  
FRIED SQUASH  
MIXED VEGGIES  
  
COCONUT CREAM PIE

## Lunch

FRIED CATFISH  
CHEESE MANICOTTI  
HUSHPUPIES  
CARROTS WITH BACON  
SQUASH  
  
ORANGE CAKE

## Lunch

CHICKEN ALFREDO  
BLACKENED PORKCHOPS  
STEAMED CARROTS  
SAUTEED ZUCCHINI  
  
BIG RED CAKE

## Lunch

BBQ DRUMSTICKS  
TOMATO & SPINACH RAVIOLI  
MACARONI SALAD  
FRIED OKRA PEAS  
CARROTS  
  
CHOCOLATE CAKE

## Lunch

GLAZED HAM  
OVEN FRIED CHICKEN  
GREEN BEANS  
MASHED POTATOES  
  
PUMPKIN PIE

## Lunch

HAWAIIAN BEEF  
CHICKEN DIVAN  
GARLIC BUTTER  
MUSHROOMS  
CORN FRITTERS  
ZUCCHINI  
  
STRAWBERRY COBBLER

## Lunch

GRILLED SALMON  
CHICKEN PARMESAN  
WILD RICE  
STEAMED PEAS  
CAULIFLOWER  
  
CHOCOLATE CAKE

## Dinner

CHICKEN QUESADILLAS  
RICE  
GUACAMOLE  
  
ORANGE CAKE

## Dinner

VEGETABLE RICE EGGROLLS  
WONTON SOUP  
  
JELLO

## Dinner

CHICKEN POT PIE  
  
ROSEY APPLESAUCE

## Dinner

DELI SUB  
WAFFLE FRIES  
  
CHILLED PEACHES

## Dinner

CHEESEBURGERS  
FRENCH FRIES  
  
COBBLER

## Dinner

SPAGHETTI & MEATBALLS  
BREADSTICKS  
  
CAKE

## Dinner

GRILLED CHEESE  
TOMATO SOUP  
  
JELLO

# Landmark At Desert Gardens

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Sunday 7/12

Monday 7/13

Tuesday 7/14

Wednesday 7/15

Thursday 7/16

Friday 7/17

Saturday 7/18

## Breakfast

EGGS ANY STYLE  
BISCUITS AND GRAVY

## Breakfast

EGGS ANY STYLE  
PANCAKES

## Breakfast

EGGS ANY STYLE  
SAUSAGE  
TOAST

## Breakfast

EGGS ANY STYLE  
BACON  
TOAST

## Breakfast

EGGS ANY STYLE  
SWEET POTATO PANCAKE

## Breakfast

EGGS ANY STYLE  
FRENCH TOAST  
SAUSAGE OR BACON

## Breakfast

EGGS ANY STYLE  
WAFFLES  
SAUSAGE SKILLET

## Lunch

POT ROAST  
RANCH CHICKEN  
STEWED TOMATOES  
ROASTED RED POTATOES  
  
PEACH PIE

## Lunch

SALISBURY STEAK  
FOUR CHEESE TORTELLINI  
MIXED VEGGIES  
CAULIFLOWER  
  
CHEESECAKE

## Lunch

CHICKEN CACCIATORE  
COD  
RICE  
PEAS AND CARROTS  
  
CARROT CAKE

## Lunch

TURKEY  
HAM  
DRESSING, GREEN BEANS  
BROCCOLI  
  
PIES AND COOKIES

## Lunch

TURKEY  
GLAZED HAM  
SIDES  
  
PECAN PIE  
PUMPKIN PIE  
FRUIT SALAD

## Lunch

COUNTRY FRIED STEAK  
CHICKEN VANDERBELT  
SKILLET CABBAGE  
BAKED SWEET POTATO  
CORN

## Lunch

SESAME CHICKEN  
CHICKEN FRIED CHICKEN  
FRIED RICE  
BROCCOLI  
CAULIFLOWER  
  
LEMON MERINGUE PIE

## Dinner

BAKED ZITI  
TOMATO & CUCUMBER SALAD  
  
PUDDING CUP

## Dinner

BBQ SLOPPY JOE  
FRENCH FRIES  
  
BROWNIES

## Dinner

SAUSAGE WITH  
PEPPERS  
TATOR TOTS  
  
RICE KRISPY TREATS

## Dinner

JELLO WITH FRUIT

## Dinner

TURKEY SANDWICH  
CHIPS  
  
ASSORTED DESSERTS

## Dinner

DINNER OPTION  
  
ASSORTED DESSERTS

## Dinner

TURKEY DELI SUBS  
FRENCH FRIES  
  
CHILLED PEARS

# Landmark At Desert Gardens

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Sunday 7/19

Monday 7/20

Tuesday 7/21

Wednesday 7/22

Thursday 7/23

Friday 7/24

Saturday 7/25

## Breakfast

TO BE DETERMINED

## Breakfast

EGGS ANY STYLE  
PANCAKES  
BACON  
SAUSAGE

## Breakfast

EGGS ANY STYLE  
BLUEBERRY BAGEL  
CREAM CHEESE

## Breakfast

EGGS ANY STYLE  
CHORIZO AND EGGS  
TOAST

## Breakfast

EGGS ANY STYLE  
DANISH  
SAUSAGE & POTATOES

## Breakfast

EGGS ANY STYLE  
FRENCH TOAST  
SAUSAGE OR BACON

## Breakfast

EGGS ANY STYLE  
PANCAKES  
BACON  
SAUSAGE

## Lunch

TO BE DETERMINED

## Lunch

PORKCHOPS  
STUFFED SHELLS  
STEWED TOMATOES, PEAS  
CORNBREAD  
CAKE

## Lunch

MARINATED CHICKEN  
BREAST  
RIBLETS  
SWEET POTATO CASSEROLE  
CAULIFLOWER  
TOMATOES  
JELLO WITH FRUIT

## Lunch

PORK TENDERLOIN  
SHRIMP TORTELLINI  
SALAD  
ROASTED POTATOES  
MIXED VEGGIES  
PIE

## Lunch

BEEF TIPS  
DEEP FRIED COD  
CAULIFLOWER  
EGG NOODLES  
TURNOVER

## Lunch

SALISBURY STEAK  
CHICKEN FRIED CHICKEN  
CARROTS  
SCALLOPED POTATOES  
SAUTEED SPINACH  
CAKE

## Lunch

LIVER AND ONIONS  
CHICKEN PATTY W/BUN  
FRIED POTATO WEDGES  
BUTTERED CORN  
PEAS  
CUPCAKES

## Dinner

TO BE DETERMINED

## Dinner

OVEN FRIEND CHICKEN  
POTATO SALAD  
MIXED VEGGIES  
CHEESECAKE

## Dinner

BAKED ZITI  
STEAMED BROCCOLI  
CHOCOLATE PUDDING

## Dinner

GREEN CHILI STEW  
CORNBREAD  
STRAWBERRY  
APPLESAUCE

## Dinner

SHEPHERDS PIE  
ROLL  
COOKIE

## Dinner

GRILLED HAM STEAKS  
NAVY BEANS  
CABBAGE  
YOGURT

## Dinner

MUSHROOM SWISS BURGER  
FRENCH FRIES  
JELLO

# Landmark At Desert Gardens

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Sunday 7/26

Monday 7/27

Tuesday 7/28

Wednesday 7/29

Thursday 7/30

Friday 7/31

Saturday 8/1

## Breakfast

EGGS ANY STYLE  
CINNAMON ROLLS  
SAUSAGE TOAST

## Breakfast

EGGS ANY STYLE  
CHOCOLATE PANCAKES

## Breakfast

EGGS ANY STYLE  
BELGIAN WAFFLES  
BACON  
TOAST

## Breakfast

EGGS ANY STYLE  
SAUSAGE SKILLET  
TOAST

## Breakfast

EGGS ANY STYLE  
BISCUITS AND GRAVY

## Breakfast

EGGS ANY STYLE  
BACON  
TOAST

## Breakfast

EGGS ANY STYLE  
BISCUITS AND GRAVY

## Lunch

BBQ PULLED PORK  
BAKED TILAPIA  
RICE  
BRUSSELS SPROUTS  
MIXED VEGGIES  
  
TAPIOCA PUDDING

## Lunch

CHICKEN TENDERS  
LASAGNA  
ZUCCHINI  
BABY BAKED POTATOES  
  
BROWNIES

## Lunch

SWEDISH MEATBALLS  
TURKEY BURGERS  
EGG NOODLES  
ROASTED PEPPERS  
STEAMED SPINACH  
  
FRESH FRUIT CUPS

## Lunch

OVEN FRIED CHICKEN  
BEEF FRITTERS  
MASHED POTATOES  
CORN  
GREEN BEANS W/BACON  
  
BAKED YAMS  
W/MARSHMALLOW

## Lunch

CHICKEN AND BROCCOLI  
PENNE  
HAMBURGER STEAKS  
BAKED POTATO  
VEGGIE BLEND  
BRUSSELS SPROUTS

## Lunch

POT ROAST W/ VEGGIES  
GLAZED HAM  
GREEN BEANS  
OKRA & TOMATOES  
BAKED POTATO  
  
STRAWBERRY COBBLER

## Lunch

MOCK FILLETS  
CHICKEN STRIPS WITH  
GRAVY  
MACARONI AND CHEESE  
BROCCOLI AND CORN  
  
APPLESAUCE CAKE

## Dinner

BEEF NACHOS  
LETTUCE AND TOMATOES  
  
FROSTED CAKE

## Dinner

GRILLED CHEESE  
SOUP  
  
CAKE

## Dinner

BEEF STEW  
CORNBREAD  
VANILLA PUDDING

## Dinner

RED BEEF ENCHILADAS  
RICE  
  
POUND CAKE

## Dinner

PIZZA  
BONELESS WINGS  
  
ICE CREAM

## Dinner

FRESH PINTO BEANS  
CORNBREAD  
FRIED POTATOES  
  
BANANA CREAM PIE

## Dinner

SLOPPY JOE  
FRENCH FRIES  
  
PEANUT BUTTER COOKIES

# Per the New Mexico Department Of Health

Landmark Senior Living is permitting group dining with the following guidelines:

- Communal dining is to be staggered to allow social distancing of the residents
- Residents will remain six feet apart
- All will follow surface and hand hygiene protocols